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www.aadac.com

# Addictions Resource Catalogue



2002-2003

**AADAC**

Call toll-free anywhere in North America at **1-800-280-9616**



## Addictions Resource Catalogue

Welcome to our 2002 – 2003 Addictions Resource Catalogue. This catalogue is a comprehensive listing of the wide range of resources that AADAC offers.

For residents of Alberta, single copies of most of our resources are available free of charge through your nearest AADAC office (check your telephone directory for listing). For those who reside outside the province, resources are available through:

AADAC Resource Development  
Attn: Resource Agent  
Suite 203, 10909 Jasper Avenue, Edmonton, AB T5J 3M9 Canada

PHONE: 780-427-7319 FAX: 780-422-5237  
E-MAIL: [rdm@aadac.gov.ab.ca](mailto:rdm@aadac.gov.ab.ca)

Call toll-free anywhere in North America at **1-800-280-9616**

\* For all No Charge (N/C) items contact your local area office for quantities.

ITEM #	TITLE	DESCRIPTION	PRICE IN ALBERTA*	PRICE OUT OF PROVINCE
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### ABOUT AADAC

042D	AADAC Funded Agency Services Chart	Information Sheet	N/C	N/C
419L	AADAC's Annual Report 2000 - 2001	Report	N/C	N/C

### GENERAL INFORMATION

ABCs of .....	Fact Sheet	Available online
Beyond the ABCs..	Fact Sheet	Available online
Profiles	Fact Sheets	Available online
Parent Information Series Sheets	Fact Sheets	Available online

#### Reports:

422E	Acupuncture for the Treatment of Withdrawal Symptoms in Detox (2001)	Report	N/C	\$10.00
383J	Addiction & Medications – 3 <sup>rd</sup> Edition (2001)	Report	N/C	\$10.00
383U	Addiction: Its Position Among Health Determinants (1997)	Report	N/C	\$10.00
383Q	Adolescent Gambling & Problem Gambling in Alberta – Final (1996)	Report	N/C	\$10.00
383R	Adolescent Gambling & Problem Gambling in Alberta – Summary (1996)	Report	N/C	\$10.00
419B	Adult Gambling And Problem in Alberta – Full (1998)	Report	N/C	\$10.00
419C	Adult Gambling and Problem in Alberta – Summary (1998)	Report	N/C	\$10.00
333A	Alberta Profile – Social & Health Indicators of Addiction (1999)	Report	N/C	\$10.00
383V	Assessing Substance Abuse & Problem Gambling Treatment as an Investment in Population Health (1997)	Report	N/C	\$10.00
419K	Clarifying the Concept of Problem Gambling (2001)	Report	N/C	\$10.00

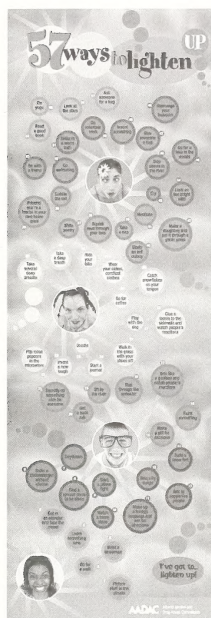
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419F	Dream Chaser – Alberta Aboriginal Adult Gambling Prevalence Study (2000)	Report	N/C	\$10.00
419J	Drug Treatment Courts (2001)	Report	N/C	\$10.00
383C	Medical/Physiological Effects of Alcohol (2000)	Report	N/C	\$10.00
422B	Perceptions of Youth Gambling & Problem Gambling (2000)	Report	N/C	\$10.00
419H	Seniors and Gambling: Exploring the Issues – Summary (2001)	Report	N/C	\$10.00
419I	Seniors and Gambling: Exploring the Issues – Technical (2001)	Report	N/C	\$10.00
333B	Substance Use & the Alberta Workplace – Summary (1998)	Report	N/C	\$10.00
383B	Substance Use & the Alberta Workplace – Final (1998)	Report	N/C	\$10.00
422F	The Canadian Problem Gambling Index – Final (2001)	Report	N/C	\$10.00
383S	The Costs of Substance Abuse in Canada (CCSA) (1996)	Report	N/C	\$10.00
422A	Treating Gambling/Substance Abusing Clients: A Literature Survey (1997)	Report	N/C	\$10.00
383I	Work-based Alcohol Risk in Alberta (1993)	Report	N/C	\$10.00

### Addictions Awareness Series:

363B	A Drinking Problem: How Can I Tell?	Brochure	N/C	\$10.00/ pkg of 50
363C	A Drug Problem: How Can I Tell?	Brochure	N/C	\$10.00/ pkg of 50
363P	A Gambling Problem: How To Tell?	Brochure	N/C	\$10.00/ pkg of 50
363G	For Parents and Others Who Care	Brochure	N/C	\$10.00/ pkg of 50
363A	No Place Like Home: When Someone In Your Family Has a Drinking Problem	Brochure	N/C	\$10.00/ pkg of 50
397A	When Someone You Know Has a Drug Problem	Brochure	N/C	\$10.00/ pkg of 50
363D	What a Woman Should Know: Alcohol and Other Drugs	Brochure	N/C	\$10.00/ pkg of 50
128D	Alcohol – Do You Know Enough About It?	Brochure	N/C	\$25.00/ pkg of 50
128B	Alcohol and Pregnancy	Brochure	N/C	\$10.00/ pkg of 50
507A	Alcohol Overdose Card	Info Card	N/C	\$10.00/ pkg of 25
002A	Developments	Newsletter	Call to add your name to the mailing list	
081A	Quick Facts	Booklet	N/C	\$30.00/ pkg of 10
060B	The Responsible Host	Brochure	N/C	\$10.00/ pkg of 50

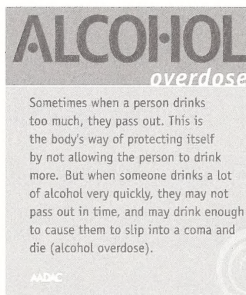


# NEW!



## POSTER: 57 WAYS TO LIGHTEN UP

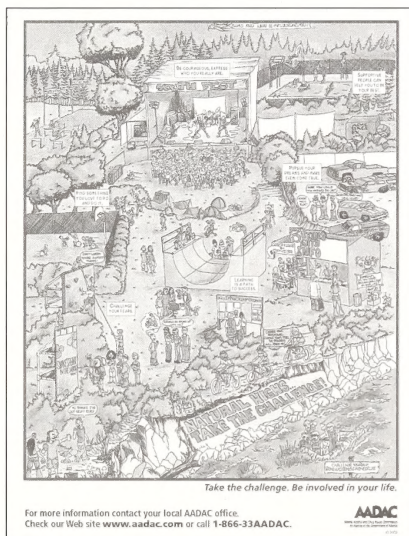
Teens are the primary target for this colourful new version of the 101 Way to Lighten Up poster – now gives 57 ways to unwind, relax and have some fun.



## ALCOHOL OVERDOSE

People who may be at risk of the consequences of over using alcohol can use this handy pocket guide. Information includes symptoms of alcohol overdose, what to do if someone passes out and an illustration

of the recovery position. High school youth and college students would be perfect target for the use of this informational card.

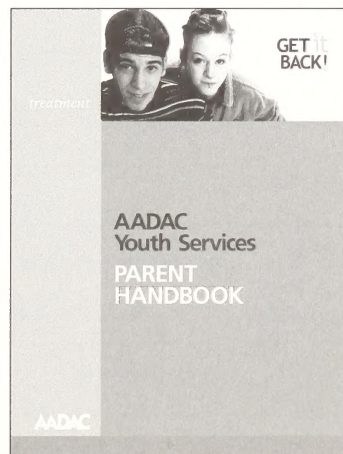


## POSTER: NATURAL HIGHS – TAKE THE CHALLENGE

An addition to our Youth Information poster series, this poster illustrates several activities that youth can do to build skills, self-esteem and challenge themselves to grow in positive ways.

## AADAC YOUTH SERVICES PARENT HANDBOOK

This handbook provides information for parents, teachers, counsellors, and other allied professionals who hope to help youth already in trouble with substance abuse. It helps the reader understand what they are dealing with and offers idea that have worked or others. If your work brings you into contact with those suffering the effects of youth abusing alcohol or other drugs, this booklet can help give you insight into the nature of addiction and recovery.





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## EMPLOYERS

**Workplace Information Series:** \$16.00/one of ea.title or \$25.00/pkg of 25

414G	Addicted Employee: After Treatment	Info Sheet	N/C	
414A	Alcohol/Drug Policy Development	Info Sheet	N/C	
414H	An Addiction in the Family: What It Means for the Workplace	Info Sheet	N/C	
414B	Dealing With the Troubled Employee	Info Sheet	N/C	
414D	Employment-Related Alcohol/ Drug Testing	Info Sheet	N/C	
414F	The Basics: Alcohol, Other Drugs and Gambling	Info Sheet	N/C	
414J	Workplace Health and Wellness	Info Sheet	N/C	
414I	Workplace Peer Support	Info Sheet	N/C	
504A	It's Our Business: Manual for Leader	Manual	\$129.00	\$129.00

## PROFESSIONALS

449A	Action Track: Treatment Tool for Counsellors Working With Youth	Binder	\$150.00	\$150.00
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### Adolescent Inhalant Abuse Community Workshop Kit:

265A	Facilitator's Manual and Workshop Guide	Manual	\$25.00	\$25.00
265B	Participant Handbook and Workshop Guide	Manual	\$5.00	\$5.00
365A	Chronic Solvent/Inhalant Abuse	Manual	\$20.00	\$20.00

### Counsellor Toolbox:

430G	Cocaine: Issues in Recovery	Module	N/C	\$15.00
430D	Debt Management	Module	N/C	\$15.00
431A	Financial Assessment Package	Package	N/C	\$30.00/ pkg of 25
430F	HIV and Hepatitis: Issues in Addictions Counselling	Module	N/C	\$15.00
430E	Role of Leisure in Recovery	Module	N/C	\$15.00
325D	Fetal Alcohol Syndrome and Other Alcohol Birth Defects	Manual	\$25.00	\$25.00
373A	Student Assistance for Everyone	Manual	\$20.00	\$20.00
294A	Tipping the Balance	Manual	\$20.00	\$20.00

## GAMBLING

424A	Intensive Treatment Program for Problem Gamblers	Manual	N/C	\$229.00
366E	Healing Circle (Aboriginal Youth)	Video	\$50.00	\$50.00
409B	Hooked (Youth)	Video	N/C	\$99.00
472A	Proceedings of the Interprovincial Think Tank on Youth and Gambling (Youth)	Manual	N/C	\$50.00

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### Playing for Keeps: (Youth)

366C	Presentation Kit	Kit	N/C	\$99.00
366A	Bookmark	Bookmark	N/C	\$5.00/ pkg of 50
421A	Playing with Fire (Aboriginal Youth)	Video	\$99.00	\$99.00
421B	Playing with Fire (Aboriginal Youth)	Discussion Guide	\$20.00	\$20.00

### Posters: Gambling Series:

407C	Gambling Facts	Poster	N/C	\$20.00/ pkg of 10
407E	Gambling – No Problem?	Poster	N/C	\$20.00/ pkg of 10
407J	Spare Time Spare Cash (Youth)	Video	N/C	\$99.00
407I	Spare Time Spare Cash Discussion Guide (Youth)	Guide	N/C	\$20.00
407F	Stacking the Odds	Brochure	N/C	\$30.00/ pkg of 50
366B	Treatment Tools	Manual	\$50.00	\$50.00
366G	What's the Big Deal? (Youth)	Brochure	N/C	\$20.00/ pkg of 50
346W	When It's No Longer a Game Problem Gambling Community Presentation Kit	Kit	N/C	\$10.00
499A	Your Best Bet (Youth)	Workbook	N/C	\$60.00

## CLIENTS IN RECOVERY

### Addictions Recovery Series:

\$40.00/50 ea. title

363F	After Treatment: How to Support Someone in Recovery	Brochure	N/C	
452A	Alcohol Withdrawal	Brochure	N/C	
363I	Leisure and Recovery	Brochure	N/C	
363H	Help Others – Help Yourself: When Someone You Love is Addicted	Brochure	N/C	
363J	Nutrition and Recovery	Brochure	N/C	
363O	Relapse Prevention: Planning For Success	Brochure	N/C	
425A	Moving Ahead	Booklet	N/C	\$10.00/ pkg of 25

### Seniors:

039A	Well Informed Kit	Kit	N/C	\$99.00
039B	Growing Older – Staying Healthy	Brochure	N/C	\$10.00/ pkg of 10
039D	Alcohol – Some Things to Consider	Brochure	N/C	\$10.00/ pkg of 100
039C	Making Medicines Work for You	Brochure	N/C	\$10.00/ pkg of 10

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<b>SCHOOLS AND YOUTH</b>				
500	Parents Information Series (see Web site for title listing and description)	<b>NEW</b>	\$50/pkg of 50 of ea. title or \$40 for set of 20 of ea. title	
485A	Faces of Reality	Video	N/C	\$99.00
465A	How Do I Fit	Manual	N/C	\$25.00
377A	Parent Handbook AADAC Youth Services	<b>NEW</b>	N/C	\$6 ea. or \$50 for 10
<b>Making Healthy Choices:</b>			\$25.00/25 ea. title	
441A	It's Up to Me Activity Book (Kids)	Booklet	N/C	
268M	It's Up to Me Activity Book (Youth)	Booklet	N/C	
441C	Whatever!	Booklet	N/C	
465A	Snakes and Ladders	Game	N/C	\$30.00
<b>When Choices Collide:</b>				
454A	When Choices Collide	Video	N/C	\$99.00
454B	When Choices Collide	Discussion Guide	N/C	\$20.00
454D	When Choices Collide	CD-Rom	N/C	\$50.00
<b>RESILIENCY CAMPAIGN</b>				
442G	Resiliency Card		N/C	\$20.00/ pkg of 50
442U	Carry Bag		\$10.00	\$10.00
442L	Note Pads		N/C	\$10.00/ pkg of 10
442R	Pen		\$25.00/ pkg of 5	\$25.00/ pkg of 5
442Q	Postcard Project		N/C	\$20.00
442H	Preventing Alcohol, Drug and Gambling Problems	Brochure	N/C	\$10.00/ pkg of 50
442E	Walk the Walk	Video	N/C	\$99.00
<b>Resiliency Posters:</b>				
442B	Female (Seniors)	Poster	N/C	\$20.00/ pkg of 10
4420	Male (Confidence Builder)	Poster	N/C	\$20.00/ pkg of 10
4425	Role Model	Poster	N/C	\$20.00/ pkg of 10
<b>T-shirt:</b>				
442V	Large		\$15.00	\$15.00
442M	X Large		\$15.00	\$15.00

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POSTERS					
116Y	57 Ways to Lighten Up	NEW	Poster	N/C	\$20.00/ pkg of 10
116X	101 Ways to Cope with Stress		Poster	N/C	\$20.00/ pkg of 10
268Z	101 Ways to Keep Kids Addiction Free		Poster	N/C	\$20.00/ pkg of 10
116Z	101 Ways to Stay Clean and Sober		Poster	N/C	\$20.00/ pkg of 10
290C	101 Ways to Have a Healthy Baby		Poster	N/C	\$20.00/ pkg of 10
290F	101 Ways to Have a Healthy Baby (Aboriginal Version)		Poster	N/C	\$20.00/ pkg of 10
116V	Climbing Wall of Life		Poster	N/C	\$20.00/ pkg of 10
290E	Straight Goods for Girls		Poster	N/C	\$20.00/ pkg of 10
116W	Straight Goods on Drugs and Alcohol		Poster	N/C	\$20.00/ pkg of 10
Youth Information Posters:					
429A	Booze 'N You		Poster	N/C	\$20.00/ pkg of 10
429C	Kick Butt		Poster	N/C	\$20.00/ pkg of 10
429D	What's the Big Deal?		Poster	N/C	\$20.00/ pkg of 10
429B	What's the Buzz About Pot?		Poster	N/C	\$20.00/ pkg of 10
429I	Natural Highs: Take the Challenge		Poster	N/C	\$20.00/ pkg of 10
Single copies of posters can be purchased at \$2.50/each. Minimum order of \$10.00					
TOBACCO					
521A	Alberta Tobacco Reduction Strategy	NEW	Brochure	N/C	
491A	Quizzler Tobacco Puzzle		Game	N/C	\$5.00/pad pkg of 25
521B	How to Quit	NEW	Brochure	N/C	



